

Pain Treatment Center

PLEASE FILL OUT AND BRING WITH YOU TO YOUR FIRST APPOINTMENT. BE SURE TO INCLUDE A LIST ALL YOUR MEDICATIONS AND ANY X-RAY/MRI IMAGING RELATED TO YOUR PAIN.

When did your pain begin: Month _____ Year _____

Describe how your pain started (ex. Accident, lifting, surgery, following an illness):

The Pain (Please Check One):

- Only occurs under certain circumstances
- Is rarely present
- Is usually present
- Is always present

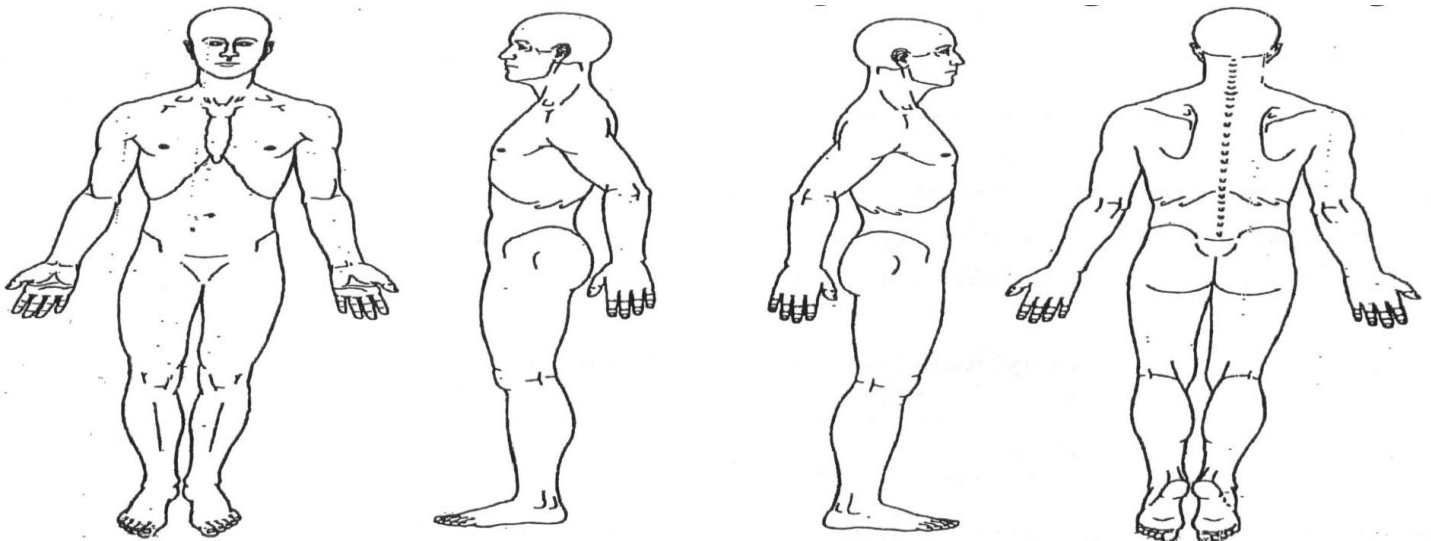
Since the beginning of the present problem, has the intensity of the pain (Please Check One)

- Been variable
- Remained the same
- Decreased
- Increased
- Unknown

Please indicate on a scale of 1 - 10 intensity of your pain. 0 being NO PAIN, 10 being VERY SEVERE PAIN

- Your pain right now
- The average intensity of your pain this week
- Your pain at its worst in the last week
- Your pain at its least in the last week

On the picture below - mark the area of your pain



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Yes	No	How would you describe your pain?
<input type="checkbox"/>	<input type="checkbox"/>	Sharp
<input type="checkbox"/>	<input type="checkbox"/>	Dull
<input type="checkbox"/>	<input type="checkbox"/>	Aching
<input type="checkbox"/>	<input type="checkbox"/>	Burning
<input type="checkbox"/>	<input type="checkbox"/>	Throbbing
<input type="checkbox"/>	<input type="checkbox"/>	Shooting
<input type="checkbox"/>	<input type="checkbox"/>	Stabbing
<input type="checkbox"/>	<input type="checkbox"/>	Lightning Shock
<input type="checkbox"/>	<input type="checkbox"/>	Pressure
<input type="checkbox"/>	<input type="checkbox"/>	Cutting
<input type="checkbox"/>	<input type="checkbox"/>	Cramping
<input type="checkbox"/>	<input type="checkbox"/>	Radiating
<input type="checkbox"/>	<input type="checkbox"/>	Soreness
<input type="checkbox"/>	<input type="checkbox"/>	Terrifying
<input type="checkbox"/>	<input type="checkbox"/>	Tight
<input type="checkbox"/>	<input type="checkbox"/>	Hot
<input type="checkbox"/>	<input type="checkbox"/>	Tingling
<input type="checkbox"/>	<input type="checkbox"/>	Other

Yes	No	Aggravating Factors
<input type="checkbox"/>	<input type="checkbox"/>	Walking
<input type="checkbox"/>	<input type="checkbox"/>	Sitting
<input type="checkbox"/>	<input type="checkbox"/>	Standing
<input type="checkbox"/>	<input type="checkbox"/>	Bending
<input type="checkbox"/>	<input type="checkbox"/>	Lifting
<input type="checkbox"/>	<input type="checkbox"/>	Twisting
<input type="checkbox"/>	<input type="checkbox"/>	Lying Down
<input type="checkbox"/>	<input type="checkbox"/>	Stairs
<input type="checkbox"/>	<input type="checkbox"/>	Sexual Activity
<input type="checkbox"/>	<input type="checkbox"/>	Changes in weather
<input type="checkbox"/>	<input type="checkbox"/>	Anything touching skin
<input type="checkbox"/>	<input type="checkbox"/>	Use of arms
<input type="checkbox"/>	<input type="checkbox"/>	Use of legs
<input type="checkbox"/>	<input type="checkbox"/>	Eating
<input type="checkbox"/>	<input type="checkbox"/>	Bright lights
<input type="checkbox"/>	<input type="checkbox"/>	Loud noises
<input type="checkbox"/>	<input type="checkbox"/>	Stress
<input type="checkbox"/>	<input type="checkbox"/>	Bowel movement
<input type="checkbox"/>	<input type="checkbox"/>	Driving
<input type="checkbox"/>	<input type="checkbox"/>	Exercise
<input type="checkbox"/>	<input type="checkbox"/>	Other

Yes	No	Alleviating Factors
<input type="checkbox"/>	<input type="checkbox"/>	Walking
<input type="checkbox"/>	<input type="checkbox"/>	Sitting
<input type="checkbox"/>	<input type="checkbox"/>	Standing
<input type="checkbox"/>	<input type="checkbox"/>	Lying
<input type="checkbox"/>	<input type="checkbox"/>	Medications
<input type="checkbox"/>	<input type="checkbox"/>	Prayer
<input type="checkbox"/>	<input type="checkbox"/>	Socializing
<input type="checkbox"/>	<input type="checkbox"/>	Heat
<input type="checkbox"/>	<input type="checkbox"/>	TENS Unit
<input type="checkbox"/>	<input type="checkbox"/>	Exercise
<input type="checkbox"/>	<input type="checkbox"/>	Eating
<input type="checkbox"/>	<input type="checkbox"/>	Cold
<input type="checkbox"/>	<input type="checkbox"/>	Recreation/distracting activities
<input type="checkbox"/>	<input type="checkbox"/>	Relaxation exercises
<input type="checkbox"/>	<input type="checkbox"/>	Other

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What other specialists/treatments have you seen or done for your pain? Check all that apply.

<input type="checkbox"/> Acupuncturist	<input type="checkbox"/> Psychologist
<input type="checkbox"/> Anesthesiologist	<input type="checkbox"/> Radiologist
<input type="checkbox"/> Biofeedback	<input type="checkbox"/> Reflexology
<input type="checkbox"/> Cardiologist	<input type="checkbox"/> Relaxation Training
<input type="checkbox"/> Chiropractor	<input type="checkbox"/> Social Worker (MSW)
<input type="checkbox"/> Clergyman	<input type="checkbox"/> Surgeon
<input type="checkbox"/> Dentist	<input type="checkbox"/> Urologist
<input type="checkbox"/> Dermatologist	<input type="checkbox"/> Other
<input type="checkbox"/> ENT Specialist	<input type="checkbox"/>
<input type="checkbox"/> Endocrinologist	<input type="checkbox"/>
<input type="checkbox"/> Faith Healer	<input type="checkbox"/> Treatments
<input type="checkbox"/> General/Family Practitioner	<input type="checkbox"/> Anit-inflammatory
<input type="checkbox"/> Herbal Remedies	<input type="checkbox"/> Epidural Injection
<input type="checkbox"/> Hypnotist	<input type="checkbox"/> Facet Joint Injections
<input type="checkbox"/> Internist	<input type="checkbox"/> Muscle Relaxant
<input type="checkbox"/> Massage Therapist	<input type="checkbox"/> Narcotic Pain Medication
<input type="checkbox"/> Neurologist	<input type="checkbox"/> Pool Therapy
<input type="checkbox"/> Ophthalmologist	<input type="checkbox"/> SI Injections
<input type="checkbox"/> Pediatrician	<input type="checkbox"/> Spine Surgery
<input type="checkbox"/> Physical Therapist	<input type="checkbox"/> Trigger Poing Injection
<input type="checkbox"/> Plastic Surgeon	<input type="checkbox"/> TENS Unit
<input type="checkbox"/> Psychiartrist	<input type="checkbox"/> Other

Have any of the above helped relieve some or all of your pain? If so, for how long? _____

Have you ever been seen by a Pain Clinic/specialist before? Y N

If so, where? _____

What x-rays or tests have you had done? Check all that apply

<input type="checkbox"/> MRI
<input type="checkbox"/> Nerve Conduction Study
<input type="checkbox"/> CT Scan
<input type="checkbox"/> Blood Work
<input type="checkbox"/> Bone Scan

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Yes	No	Past Medical History
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes, high blood sugar
<input type="checkbox"/>	<input type="checkbox"/>	Hypertension, high blood pressure
<input type="checkbox"/>	<input type="checkbox"/>	Hyperlipidemia, high cholesterol or triglyceride
<input type="checkbox"/>	<input type="checkbox"/>	Cardiovascular (heart or blood vessel) disease
<input type="checkbox"/>	<input type="checkbox"/>	Stroke or TIA
<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disease
<input type="checkbox"/>	<input type="checkbox"/>	Parathyroid disease or high blood calcium
<input type="checkbox"/>	<input type="checkbox"/>	Pituitary disease
<input type="checkbox"/>	<input type="checkbox"/>	Adrenal disease
<input type="checkbox"/>	<input type="checkbox"/>	Gonadal disease
<input type="checkbox"/>	<input type="checkbox"/>	Other (please list)

Please List Prior Surgeries	

Yes	No	Family History
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes, high blood sugar
<input type="checkbox"/>	<input type="checkbox"/>	Hypertension, high blood pressure
<input type="checkbox"/>	<input type="checkbox"/>	Hyperlipidemia, high cholesterol or triglyceride
<input type="checkbox"/>	<input type="checkbox"/>	Cardiovascular (heart or blood vessel) disease
<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disease
<input type="checkbox"/>	<input type="checkbox"/>	Other hormonal diseases
<input type="checkbox"/>	<input type="checkbox"/>	Drug Use (Past or Present)
<input type="checkbox"/>	<input type="checkbox"/>	Alcohol Use (Past or Present)
<input type="checkbox"/>	<input type="checkbox"/>	Other (please list)

Personal History	
What is your marital status?	
<input type="checkbox"/>	Single
<input type="checkbox"/>	Married
<input type="checkbox"/>	Seperated
<input type="checkbox"/>	Divorced
<input type="checkbox"/>	Widowed
With whom do you live?	
Number of children:	
Ages	



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Yes	No	Work History
<input type="checkbox"/>	<input type="checkbox"/>	Are you currently working?
		<i>If yes, your occupation? How many hours per wk.</i>
		If no, are you applying for compensation?
<input type="checkbox"/>	<input type="checkbox"/>	Disability?
<input type="checkbox"/>	<input type="checkbox"/>	Are you involved in legal action regarding your pain?
<input type="checkbox"/>	<input type="checkbox"/>	Would you like to return to the work force?

Yes	No	Social History
<input type="checkbox"/>	<input type="checkbox"/>	Do you or have you smoke/d?
		<i>How long? _____ yrs. How much? _____ packs.</i>
<input type="checkbox"/>	<input type="checkbox"/>	Do you or drink alcohol? How much?
<input type="checkbox"/>	<input type="checkbox"/>	Have you used alcohol in the past?
<input type="checkbox"/>	<input type="checkbox"/>	Do you use recreational drugs?
		<i>Which?</i>
<input type="checkbox"/>	<input type="checkbox"/>	Have you used drugs in the past?
<input type="checkbox"/>	<input type="checkbox"/>	Do you engage in hazardous activities?
		<i>What?</i>



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Yes	No	Constitutional
<input type="checkbox"/>	<input type="checkbox"/>	Poor general health recently
<input type="checkbox"/>	<input type="checkbox"/>	Recent weight change, loss of appetite
<input type="checkbox"/>	<input type="checkbox"/>	Fever, chills, profuse sweating
<input type="checkbox"/>	<input type="checkbox"/>	Fatigue, lethargy, malaise
		Eyes
<input type="checkbox"/>	<input type="checkbox"/>	Recent eye disease, injury or surgery
<input type="checkbox"/>	<input type="checkbox"/>	Blurred vision, double vision, loss of vision
<input type="checkbox"/>	<input type="checkbox"/>	Pain in the eyes
<input type="checkbox"/>	<input type="checkbox"/>	Eye examination within the last year
		Ears, Nose, Mouth, Throat
<input type="checkbox"/>	<input type="checkbox"/>	Hearing loss or ringing in the ears
<input type="checkbox"/>	<input type="checkbox"/>	Ear pain or discharge
<input type="checkbox"/>	<input type="checkbox"/>	Chronic or recurring sinus problems
<input type="checkbox"/>	<input type="checkbox"/>	Chronic or recurring sores in the nose/mouth
<input type="checkbox"/>	<input type="checkbox"/>	Chronic or recurring dental problems
<input type="checkbox"/>	<input type="checkbox"/>	Chronic or recurring sore throat
		Cardiovascular
<input type="checkbox"/>	<input type="checkbox"/>	Chest pain
<input type="checkbox"/>	<input type="checkbox"/>	Rapid or irregular heartbeat, palpitations
<input type="checkbox"/>	<input type="checkbox"/>	Sudden loss of consciousness, fainting
<input type="checkbox"/>	<input type="checkbox"/>	Shortness of breath with exertion
<input type="checkbox"/>	<input type="checkbox"/>	Swelling of the feet, ankles or hands
		Respiratory
<input type="checkbox"/>	<input type="checkbox"/>	Chronic coughing
<input type="checkbox"/>	<input type="checkbox"/>	Coughing up blood
<input type="checkbox"/>	<input type="checkbox"/>	Chronic wheezing, asthma
<input type="checkbox"/>	<input type="checkbox"/>	Chronic shortness of breath
		Gastrointestinal
<input type="checkbox"/>	<input type="checkbox"/>	Recurring nausea and vomiting, vomiting blood
<input type="checkbox"/>	<input type="checkbox"/>	Abdominal pain
<input type="checkbox"/>	<input type="checkbox"/>	Chronic or recurring diarrhea or constipation
<input type="checkbox"/>	<input type="checkbox"/>	Bloody bowel movements
<input type="checkbox"/>	<input type="checkbox"/>	Jaundice, liver disease
		Genitourinary
<input type="checkbox"/>	<input type="checkbox"/>	Frequent or painful urination
<input type="checkbox"/>	<input type="checkbox"/>	Blood in the urine
<input type="checkbox"/>	<input type="checkbox"/>	Urinary incontinence
<input type="checkbox"/>	<input type="checkbox"/>	Loss of sexual desire or sexual dysfunction
<input type="checkbox"/>	<input type="checkbox"/>	Irregular or painful menstrual periods

Yes	No	Musculoskeletal
<input type="checkbox"/>	<input type="checkbox"/>	Joint pain, stiffness or swelling
<input type="checkbox"/>	<input type="checkbox"/>	Muscle pain, weakness or cramping
<input type="checkbox"/>	<input type="checkbox"/>	Limitation of motion, difficulty walking
<input type="checkbox"/>	<input type="checkbox"/>	Chronic neck or back pain
<input type="checkbox"/>	<input type="checkbox"/>	Chronic foot pain or deformity
		Skin and Breasts
<input type="checkbox"/>	<input type="checkbox"/>	Chronic or recurring rashes or sores
<input type="checkbox"/>	<input type="checkbox"/>	Suspicious moles or skin lesions
<input type="checkbox"/>	<input type="checkbox"/>	Hair loss, change in nails
<input type="checkbox"/>	<input type="checkbox"/>	Breast pain, breast lump or nipple discharge
		Neurologic
<input type="checkbox"/>	<input type="checkbox"/>	Frequent or recurring headaches
<input type="checkbox"/>	<input type="checkbox"/>	Dizziness, lightheadedness
<input type="checkbox"/>	<input type="checkbox"/>	Seizures or convulsions
<input type="checkbox"/>	<input type="checkbox"/>	Loss of sensation or muscle strength
<input type="checkbox"/>	<input type="checkbox"/>	Stroke or head injury
<input type="checkbox"/>	<input type="checkbox"/>	Memory loss, confusion
<input type="checkbox"/>	<input type="checkbox"/>	Tremor
		Psychiatric
<input type="checkbox"/>	<input type="checkbox"/>	Nervousness or anxiety
<input type="checkbox"/>	<input type="checkbox"/>	Chronic depression
<input type="checkbox"/>	<input type="checkbox"/>	Inability to concentrate
<input type="checkbox"/>	<input type="checkbox"/>	Sleep problems
		Endocrine
<input type="checkbox"/>	<input type="checkbox"/>	Excessive thirst or urination
<input type="checkbox"/>	<input type="checkbox"/>	Heat or cold intolerance
<input type="checkbox"/>	<input type="checkbox"/>	Unexplained change in skin pigmentation
<input type="checkbox"/>	<input type="checkbox"/>	Change in hat or ring size
<input type="checkbox"/>	<input type="checkbox"/>	Loss of height
<input type="checkbox"/>	<input type="checkbox"/>	Unexplained bone fractures
		Hematologic / Lymphatic
<input type="checkbox"/>	<input type="checkbox"/>	Recurring nosebleeds, bleeding gums, bruising
<input type="checkbox"/>	<input type="checkbox"/>	Chronic anemia, recent transfusion
<input type="checkbox"/>	<input type="checkbox"/>	Swollen lymph nodes
<input type="checkbox"/>	<input type="checkbox"/>	Recurring infections
		Allergic / Immunologic
<input type="checkbox"/>	<input type="checkbox"/>	Hay fever
<input type="checkbox"/>	<input type="checkbox"/>	Recurring hives
<input type="checkbox"/>	<input type="checkbox"/>	History of HIV or AIDS

Doctor to complete below section

The above document has been reviewed with the patient.

Healthcare Provider Signature

Date